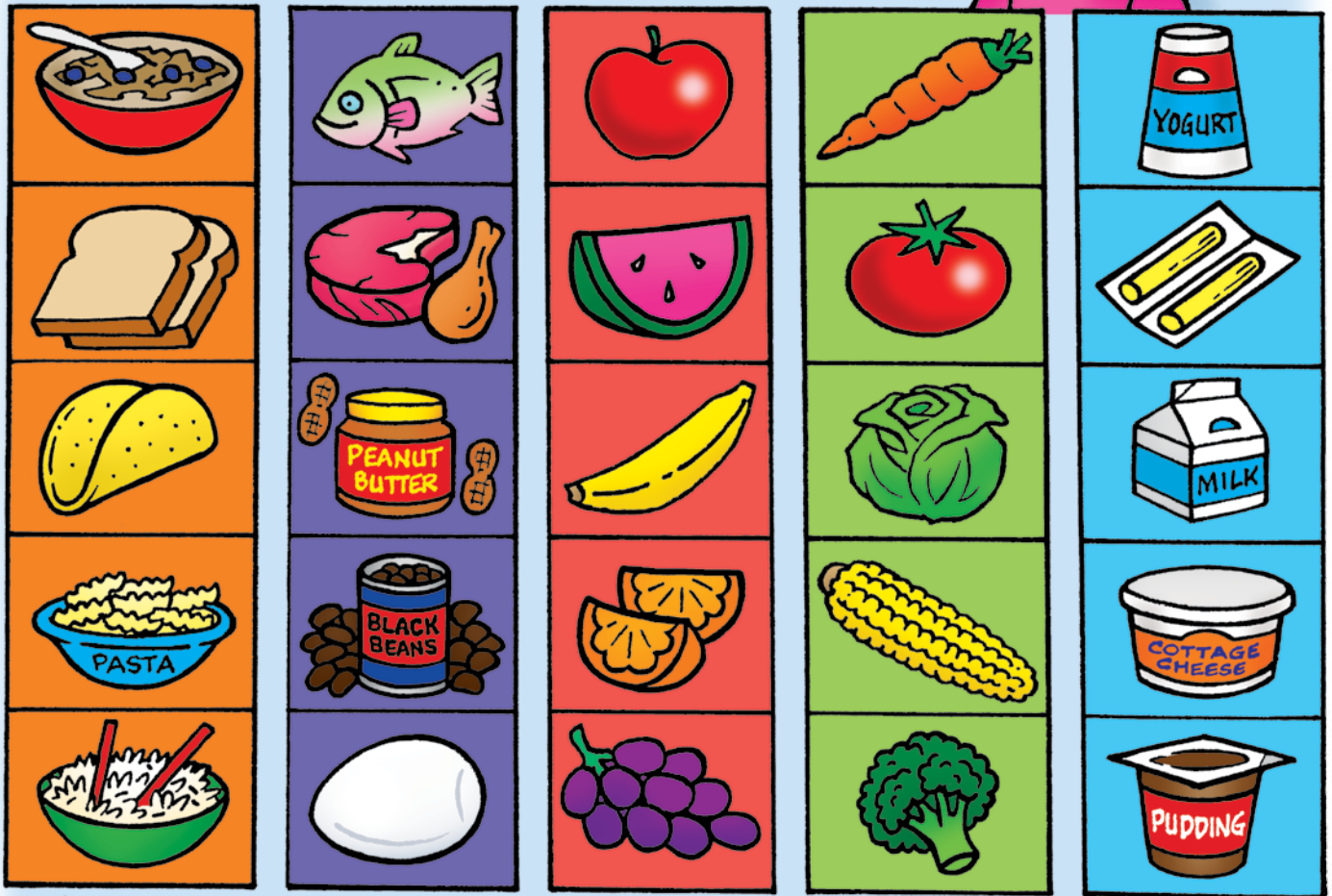


First, Louis and Lulu learn the five food groups

Primero, Louis y Lulú aprenden cuales son los cinco grupos de alimentos.



GRAINS
Granos

PROTEIN
Proteína

FRUITS
Frutas

VEGETABLES
Vegetales o Verduras

DAIRY
Lácteos



Circle the foods you have eaten.

Can you say the name of each food group out loud?

Circula los alimentos que has comido

¿Puedes decir el nombre de cada grupo de alimentos en voz alta?



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NOODLE SOUP™

Excerpt from *Louis and Lulu Healthy Eating Activity Book* (#9952).

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